

PRE-APPOINTMENT GUIDE

# It's time to take care of your ear health



**Ear Care** WITH **OtoSet**<sup>®</sup>

# Is ear wax causing discomfort or itchiness?



## What is ear care?

Ear care is an important part of your overall health and wellness. Do you know if your ears and hearing are healthy?

Healthy ears help you hear better, stay balanced, and avoid pain or discomfort. They also play a big role in how you connect with the world around you.



### Ear cleaning

- Keep your ears clean to prevent ear wax buildup.
- Never insert anything into your ear canal.
- If you have ear wax causing hearing issues, see a professional.



### Hearing health

- Regular hearing checks catch problems early.
- Protect your hearing from loud noises and manage hearing loss.



### Tinnitus

- Tinnitus (ringing in the ears) can affect sleep, focus, and stress levels.
- Managing tinnitus helps you feel more relaxed and improves your quality of life.

# Preparing for your appointment



## Buy ear wax drops

Purchase ear wax softening drops (e.g. Debrox®) from Amazon or your pharmacy.



## Using ear wax drops

Use drops for 3 days prior to your appointment to making ear wax more comfortable to remove.



## Avoid cotton swabs

Avoid using cotton swabs or any tools in your ears, as they can make removal more difficult.

# Your Ear Care appointment



## Consultation

A discussion about your ear health and symptoms.



## Examination

Your clinician will thoroughly examine your ear.



## Ear Care Score

You and your clinician will complete your Ear Care Score.



## Preparation

OtoSet® will be prepared with new, disposable ear tips.



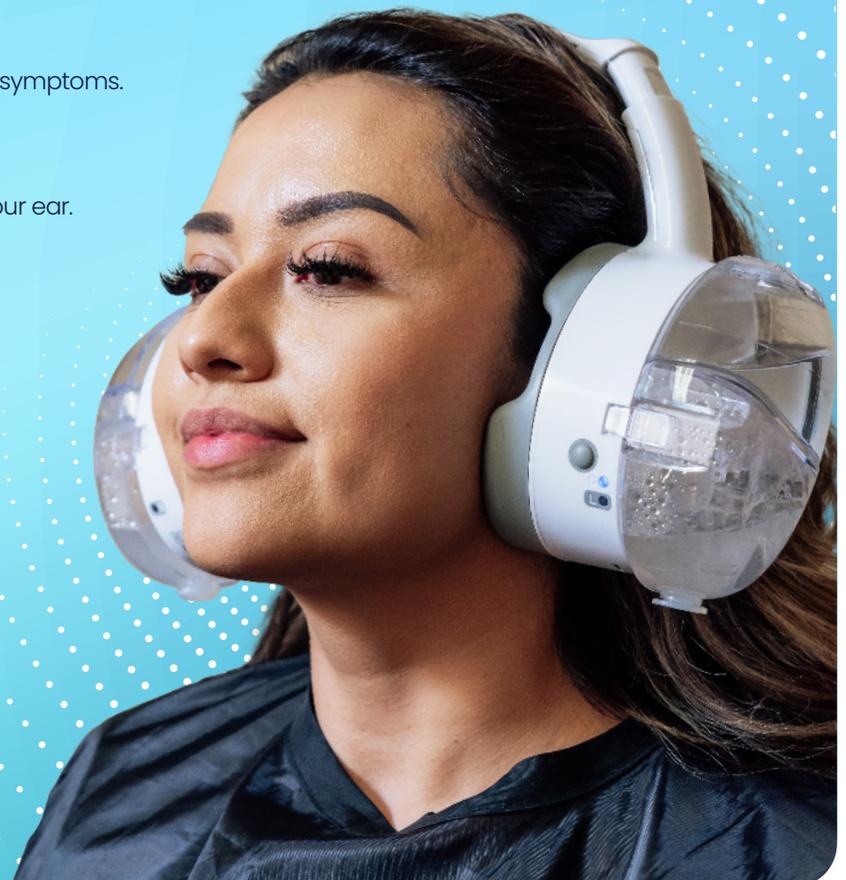
## Treatment

Your ear is flushed with water while suction removes ear wax.



## Inspection

Your clinician will inspect your ears to ensure they are cleaned.



ABOUT OTOSET®

# What is OtoSet®?

OtoSet® is the only FDA-cleared ear cleaning system. It makes removing ear wax safe, quick, and easy - whether you're dealing with buildup or just keeping your ears clean and healthy.

- ✓ **More comfortable**  
OtoSet® uses gentle pressure, reducing discomfort.
- ✓ **Faster & cleaner**  
It's quick and there's no mess.
- ✓ **Safer ear cleaning**  
Designed to lower the chance of pushing ear wax deeper.

OtoSet® is great for anyone with ear wax buildup or for those who want to include regular ear care in their wellness routine.



## TESTIMONIALS

# What our customers say



My ear cleaning was great! Clinician was friendly, skilled and professional. She worked on both ears until all the wax was completely gone. The process is easy and very comfortable. I can hear better than ever now.

**James W**



Amazing! Had my ears cleaned and can finally hear again. This OtoSet® device they use is super cool... quick, comfortable and the best is leaving with clean ears. Highly recommend.

**Stephanie A**



Wow! I cannot believe how easy and fast the simplicity of this ear cleaning was. I would highly recommend! I've had so many issues in the past with ear wax build up and this was such a great experience.

**Katie Y**



I'll never go back... back to my doctor for an ear cleaning the old way that is! The OtoSet® system worked fast, was painless, and delivered fantastic results. I really recommend this to anyone!

**Scott L**

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